**Patrick Dennis St. Louis**

Texas A&M University

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**Education**

Concordia University Portland

Portland Oregon, May 2020

 Doctorate in Education

 Specialization in Higher Education with emphasis on professional mentorship

Dissertation: *The Three R’s to Athletic Training: Route, Reality, and Return on Investment.*

Concordia University Wisconsin

Mequon Wisconsin, May 2012

Master of Science in Rehabilitation Science

Meta-Analysis and Systematic Review Title: *The Effects of Non-Invasive Treatment*

*Techniques for Plantar Fasciitis*

Concordia University Wisconsin

Mequon Wisconsin, May 2010

 Bachelor of Science in Athletic Training

**Professional Experience**

Clinical Assistant Professor – Coordinator of Undergraduate Education

Texas A&M University, August 2020 – Present

* Responsible for preparation, implementation, and teaching in the Master of Science in Athletic Training Program at Texas A&M University
* Lesson planning/Prepping daily for classes taught in the undergraduate field experience athletic training courses.
* Assist with coordinating the IPE events for students within the MSAT Program.
* Assist with the administration of the athletic training program and admittance of future students.
* Assist with recruitment, retention, and successful completion of undergraduate students to matriculate into and graduate from the MSAT program.
* Oversee the undergraduate 3+2 and 4+2 program, instructors, field experiences and courses.

Clinical Assistant Professor – Clinical Education Coordinator

Sam Houston State University, August 2018 – July 2020

* Responsible for preparation, implementation, and teaching in the athletic training program at Sam Houston State University.
* Lesson planning/Prepping daily for classes taught in the undergraduate athletic training program.
* Responsible for the placement and clinical education duties assigned by CAATE for athletic training students.
* Responsible for securing and successfully placing students at their clinical sites.
* Responsible for completing site visits, preceptor training, preceptor evaluations, and student evaluations.
* Assist with the administration of the athletic training program and admittance of future students.
* Serving as an Academic Advisor to freshmen and upper level students.

Adjunct Professor

Rocky Mountain University of Health Professions August 2021 – Present

Applied Biomechanics HS509

Preventative Measures RS 607

* Responsible for preparation, implementation, and teaching in the Master of Science in Health Science
* Lesson planning/Prepping daily for classes taught in the Applied Biomechanics Course
* Grading and creation of assignments including developing a Movement Screen Analysis Project

Athletic Trainer – Select Medical

Houston Rockets September 2019-present

* Provide onsite medical coverage and pre-game injury prevention medicine for NBA referee crews.
* Responsible for assessment, evaluation, and treatment of musculoskeletal injuries prior to competition.
* Maintaining proper medical documentation of injuries seen, evaluated, and treated
* Documented various injuries and rehabilitation services provided for injured patients including stretching, taping, rehabilitative exercises, and injury prevention

Athletic Trainer- Frito Lays Corporation

Pivot Onsite Innovations, July – August 2019

* Responsible for medical coverage of employees at Frito Lays Corporation in Rosenberg, TX
* Responsible for immediate care of occupational injuries.
* Responsible for ergonomics assessment and work-site safety including injury prevention, acute care management, and follow up rehabilitation of on-site injuries.

Adjunct Faculty – Department of Kinesiology

Sam Houston State University, August 2017 – May 2018

* Responsible for preparation, implementation, and teaching in the athletic training program at Sam Houston State University.
* Lesson planning/Prepping daily for classes taught in the undergraduate athletic training program.
* Responsible for teaching in the laboratory portion of Therapeutic Interventions II.

Certified Personal Trainer – Lake Palestine Fitness Center

Trinity Mother Frances Hospital and Clinics, March 2016 – July 2018

* Provide onsite fitness assessments for all clients and members.
* Responsible for implementation of new fitness classes and programs.
* Provide one-on-one personal training sessions as well as group training sessions.

Head Athletic Trainer Rusk ISD

Trinity Mother Frances Hospital and Clinics, August 2015-May 2016

* Sole provider of medical care and coverage of all junior high and high school athletic practices and competitions
* Responsible for budgeting and purchasing supplies needed to maintain an athletic training room
* Maintaining proper medical documentation of injuries seen, evaluated, and treated
* Responsible for referrals to correct medical providers as well as helping scheduling these visits and properly arranging the student claim insurance through the schools student athlete insurance policy
* Integral in implementing and maintaining sports medicine classes including teaching various sports medicine classes at the high school level
* Lesson planning/Prepping daily for classes taught in three levels of sports medicine courses.

Instructor of Health and Human Performance/Certified Athletic Trainer

Concordia University Wisconsin, July 2013 – August 2015

* Responsible for preparation, implementation, and teaching in the athletic training program at Concordia University Wisconsin
* Lesson planning/Prepping daily for classes taught in the undergraduate athletic training program
* Provide athletic training coverage at Concordia University Wisconsin in the athletic training room day clinic as well as team coverage when necessary
* Serving as a full faculty member at Concordia University Wisconsin
* Serving as a Preceptor for the athletic training program undergraduate and graduate students
* Assist with the administration of the athletic training program and admittance of future students
* Serving as an Academic Advisor to freshmen and upper class students.

Assistant Athletic Trainer

Concordia University Wisconsin, October 2011 – June 30, 2013

* Responsible for the prevention, evaluation, treatment, and rehabilitation of injuries
	+ Primary responsibilities: Women’s Soccer, Women’s Ice Hockey, and Men’s Lacrosse
* Provide daily athletic training coverage at CUW and while traveling with my primary teams
* Serve as an Approved Clinical Instructor (ACI)/Preceptor for Athletic Training Students
* Assist with the administration of the Athletic Training Department

Head Athletic Trainer

Aurora Healthcare, Kiel High School, August 2011 – October 2011

* Served as the sole provider of athletic training services to Kiel High School in Kiel, Wisconsin
* Provided athletic training coverage at home athletic practices and events
* Provided medical care for over 300 student athletes
* Managed and ordered inventory for Kiel High School
* Documented various injuries and rehabilitation services provided for injured athletes, as well as communicated daily with parents of injured athletes

Physical Therapy Aide

Five Corners Physical Therapy, May 2010 – October 2011

* Served as a Physical Therapy Aide to a Licensed Physical Therapist
* Assisted with the rehabilitation of various patients
* Managed insurance coverage inquiries and requests for more patient visits

Milwaukee Wave Professional Indoor Soccer Team Intern

Milwaukee Wave, October 2009 – April 2010, October 2010- April 2011

* Provided athletic training coverage for practice and home games under the supervision of Larry Sayles ATC
* Implemented and completed onsite rehabilitation of soccer injuries
* Properly documented all injuries and treatment of athletes
* Worked cooperatively with other medical professionals to provide the best care for athletes
* Properly recognized when a referral was needed and collaborated with medical team for proper treatment

**Teaching Experience**

Adjunct Instructor

Concordia University Wisconsin, Fall 2012

* HHP 303: Therapeutic Modalities
* HHP 304: Therapeutic Modalities Lab

Adjunct Instructor

Concordia University Wisconsin, Spring 2013

* HHP 164: Freshmen Fast-Track II
* HHP 376: Recognition and Evaluation of Athletic Injuries II
* HHP 378: Recognition and Evaluation of Athletic Injuries II Lab

Instructor of Health and Human Performance

Concordia University Wisconsin, Fall 2013

* HHP 303/4: Therapeutic Modalities and Lab
* HHP 330: Manual Muscle Testing
* HHP 391: Junior Athletic Training Practicum
* HHP 403: Advanced Injury Management
* MSAT 115: Medical Terminology

Instructor of Health and Human Performance

Concordia University Wisconsin, Spring 2014

* HHP 164: Freshmen Fast-Track Athletic Training
* HHP 272/273: Introduction to Athletic Training and Lab
* HHP 376/378: Recognition and Evaluation of Athletic Injuries II
* MSAT 272/273: Introduction to Athletic Training and Lab

Instructor of Health and Human Performance

Concordia University Wisconsin, Fall 2014

* MSAT 115: Medical Terminology
* MSAT 330: Manual Muscle Testing
* HHP 391: Junior Athletic Training Practicum
* HHP 403: Advanced Injury Management

Instructor of Health and Human Performance

Concordia University Wisconsin, Spring 2015

* MSAT 164 Freshmen Fast Track II
* MSAT 272/273 Introduction to Athletic Training and Lab
* MSAT 303/304 Therapeutic Modalities

Adjunct Faculty

Sam Houston State University, Fall 2017

* ATTR 4169 Therapeutic Interventions II

Adjunct Faculty

Sam Houston State University, Spring 2018

* ATTR 3300 Administration of Athletic Training

Clinical Assistant Professor – Clinical Education Coordinator

Sam Houston State University, Fall 2018

* ATTR 3291 Clinical Experiences in Athletic Training I
* ATTR 3370 Prevention and Care of Injuries
* ATTR 4169 Therapeutic Interventions II – Lab
* ATTR 4310 Care of Upper Extremity

Clinical Assistant Professor – Clinical Education Coordinator

Sam Houston State University, Spring 2019

* ATTR 3300 Administration of Athletic Training
* ATTR 3369 Therapeutic Interventions I
* ATTR 4175 General Medical Conditions Lab
* ATTR 4292 Clinical Experiences in Athletic Training IV

Clinical Assistant Professor – Clinical Education Coordinator

Sam Houston State University, Summer 2019

* KINE 4394 Internship (section 1)
* KINE 4394 Internship (section2)

Clinical Assistant Professor – Clinical Education Coordinator

Sam Houston State University, Fall 2019

* ATTR 3291 Clinical Experiences in Athletic Training I
* ATTR 4169 Therapeutic Interventions II – Lab
* ATTR 4310 Care of Upper Extremity
* ATTR 4369 Therapeutic Interventions II

Clinical Assistant Professor – Clinical Education Coordinator

Sam Houston State University, Spring 2020

* ATTR 3300 Administration of Athletic Training (Online)
* ATTR 3369 Therapeutic Interventions I (Hybrid)
* ATTR 4175 General Medical Conditions Lab
* ATTR 4292 Clinical Experiences in Athletic Training IV (Hybrid)

Clinical Assistant Professor – Clinical Education Coordinator

Sam Houston State University, Summer 2020

* KINE 4394 Internship (section 1)
* KINE 4394 Internship (section2)

Clinical Assistant Professor – Coordinator of Undergraduate Education

Texas A&M University, Fall 2020

* ATTR 201 Field Experience in ATTR I (Instructor of Record)
* ATTR 301 Field Experience in ATTR III (Instructor of Record)
* ATTR 652 Clinical Education II
* ATTR 668 Therapeutic Modalities
* ATTR 669 Therapeutic Modalities Lab

Clinical Assistant Professor – Coordinator of Undergraduate Education

Texas A&M University, Spring 2021

* ATTR 202 Field Experiences in ATTR II
* ATTR 302 Field Experiences in ATTR IV
* ATTR 653 Clinical Education III
* ATTR 689 Performance Enhancement in Sport with Lab

Adjunct Professor

Rocky Mountain University, Fall 2021

* HS 509 Applied Biomechanics

Clinical Assistant Professor – Coordinator of Undergraduate Education

Texas A&M University, Fall 2021

* ATTR 201 Field Experience in ATTR I (Instructor of Record)
* ATTR 301 Field Experience in ATTR III
* ATTR 652 Clinical Education II
* ATTR 668 Therapeutic Modalities
* ATTR 669 Therapeutic Modalities Lab
* KINE 427 Therapeutic Principles

Clinical Assistant Professor – Coordinator of Undergraduate Education

Texas A&M University, Spring 2022

* ATTR 202 Field Experience in ATTR II
* ATTR 302 Field Experience in ATTR IV
* ATTR 653 Clinical Education III
* ATTR 689 Performance Enhancement in Sport with Lab
* ATTR 689 Research Capstone
* KINE 427 Therapeutic Principles

Adjunct Professor

Rocky Mountain University, Winter 2022

* RS 607 Preventative Measures

**Professional Certifications**

* NATA BOC Certified Athletic Trainer
* Texas Licensed Athletic Trainer
* Graston Technique M1 Certified
* American Heart Association BLS/CPR Certified
* Certified Kinesio Taping Practitioner: KT1, KT2, KT3, KT4
* Certified Kinesio Taping Faculty
* Certified Kinesio Taping Instructor
* Certified Cupping Therapist
* National Academy of Sports Medicine Certified Personal Trainer
* National Academy of Sports Medicine Performance Enhancement Specialist
* Blackboard Teaching Certification

**Publications in Progress**

* St. Louis, P. *The Three R’s of Athletic Training: Route, Reality, and Return on Investment – Dissertation.*
* Gratz, B., Van Damme, C., St. Louis, P., & Sigmund, K. *The Effects of Kinesio Taping on Rounded Shoulder Posture.*
* Ferber, A., St. Louis, P. *The Metabolic Cost of Shod v. Barefoot Steady State Running in Experienced Runners.*
* St. Louis, P. *Utilization of HAN Stimulation for Post Operative ACL Knee Pain in a Male 19 Year Old Basketball Player: A Case Study..*

**Publications**

* Thomas, A., Li, Y., Kaunas, C., Newcomb, M., Carrino, G., Greenwood, L., **St.Louis, P.,** Marklund, L., Samuel, N., Chapa, H. (2022) Implementation of a Digital Live-Action Gaming Experience for Interprofessional Learning and Training. *Global Perspectives on Educational Innovations for Emergency Situations (199 – 208).* Springer. https://doi.org/10.1007/978-3-030-99634-5

* St. Louis, P. *Going Beyond the Classroom: A look at utilizing Kinesio Tape in the Athletic Training Profession* Advanced Healing Magazine Autumn 2014 Issue

**Professional Presentations**

* Clinical Education Coordinator Chat – *Preceptor Development* (March 2022)
* *Clinical Education Coordinator Chat (August 4th 2021)*
* *Interprofessional Education*

NATA ATEC 2021 April 30th, 2021

* *Student Recruitment*

NATA ATEC 2021 April 29th, 2021

* *Fascial Anatomy and Myofascial Release Techniques –* 3rd Annual World Physiotherapy Conference – Invited Speaker (August 2020 - Postposed due to COVID 19)
* *Fascial Anatomy and Myofascial Release Techniques –* Athletic Training Clinical Class – Concordia University Wisconsin
	+ April 15, 2020
* Athletic Training Services – Concordia University Wisconsin Sports Medicine Society
	+ November 13, 2019
* ACE Spotlight – College of Health Sciences ACE Poster Presentation
	+ Sam Houston State University – COHS ACE Spotlight presentation 2018
* *Manual Therapies and Myofascial Release Techniques*
	+ Wisconsin Athletic Trainers Association Annual meeting April 2015
* *Non-Invasive Treatment Techniques for Plantar Fasciitis*
	+ Concordia University Wisconsin Athletic Training Education Program
	+ April 13, 2012
* *Non-Invasive Treatment Techniques for Plantar Fasciitis: Completion of the Study and Research*
	+ Employee in-service presentation to the Aurora Sports Medicine Institute
	+ April 11, 2012
* *Non-Invasive Treatment Techniques for Plantar Fasciitis: Beginning of a Meta-Analysis and Research*
	+ Employee in-service presentation to the Aurora Sports Medicine Institute
	+ November 16, 2011

**Professional Service**

* USA Games – Special Olympics (June 2022) Medical Provider – Team Texas
* Faculty Senate (2022-2024) Rocky Mountain University of Health Professions
* Journal of Rehabilitation Practices and Research Associate Editor (2020- Present)
* Texas A&M University – Disaster Day IPE Steering Committee Member (2020-Present).
* Sam Houston State University - Athletic Training Lab Coordinator Search Committee. (2019)
	+ Served as the chair for the hiring committee for the athletic training lab coordinator position at Sam Houston State University.
* Sam Houston State University – Writing in the Disciplines Committee (2019-Present)
* Greater Houston Athletic Trainer’s Society – Spring Symposium 2019, 2020, 2021
* National Athletic Trainers’ Association – Professional Education Committee (2018-2024)
* Athletic Training Education Journal Editorial Board Member (2018-2022)
* Sam Houston State University – Clinical Exercise Science Internship Coordinator Search Committee Member (2019)
	+ Represented the department with the proper hiring of a qualified individual for the Clinical Exercise Science Internship Coordinator Position.
* Sam Houston State University – Interprofessional Education Event (2017, 2018, 2019)
	+ Provided and organized interprofessional lane style event for nursing, athletic training, and criminal justice students through various real-life scenarios and practice.
* Sam Houston State University – Saturday at Sam (2018)
	+ Represented the department of Kinesiology and the Athletic Training program for Saturday at Sam event. This event allowed students and families to come tour the campus and sit through a presentation regarding the Athletic Training program at Sam Houston State University.
* Concordia University Wisconsin Athletic Training Education Program Freshman Fast Track Summer Workshop
	+ Assisted with several educational sessions: Therapeutic modalities, Shoulder evaluation and common conditions, and Knee evaluation and common conditions
	+ June 2012
* Career Fair Concordia University Wisconsin
	+ Represented the Concordia University Wisconsin Athletic Training Program at various career fair opportunities to help promote the field of athletic training and the athletic training program at Concordia University Wisconsin

**Community Service**

* Montgomery County Fair and Rodeo Association – Safety Committee
	+ Provided onsite medical coverage for the Montgomery County Rodeo
		- 2018, 2019, 2021, 2022
* Special Olympics of Texas: Medical services
	+ Provided onsite medical coverage for Special Olympic athletes at various competitions including bocce, basketball, equestrian, and bowling within the Greater Houston area.
		- September 2018, December 2018, February 2019, September 2019, December 2019, February 2020, October 2021, June 2022
* Lovelady Career Day
	+ Provided multiple sessions on the profession of athletic training, especially the athletic training education program at Sam Houston State University.
		- November 2019
* Lutheran Grade School State Basketball Tournament
	+ Provided athletic training coverage for all athletes
		- March 2012, March 2013, March 2014, March 2015

**Professional Development**

* Memberships
	+ National Sport Performance Association 2019-Present
	+ Southwest Athletic Trainers’ Association 2015-Present
	+ Greater Houston Athletic Trainer’s Association 2017- Present
	+ National Academy of Sports Medicine 2015-Present
	+ KinesioTaping Association International 2013-Present
	+ International Cupping Therapy Association 2014-Present
	+ National Athletic Trainers Association, 2011-Present
	+ Great Lakes Athletic Trainers Association, 2007-2016
	+ Wisconsin Athletic Trainers Association, 2007-2016
	+ Texas State Athletic Trainers Association, 2015-Present
	+ East Texas Athletic Trainers Association, 2015-Present
* Conferences
	+ NATA Annual Symposium 2022
	+ Kinesio Taping Instructor Symposium and Recertification 2021
	+ TEAMSTEPPS Master Trainer Certification Course 2021
	+ VNATA Joint Committee Meeting 2021
	+ CAATE Accreditation Virtual Conference 2020
	+ VSWATA Annual Symposium 2020
	+ VNATA Annual Symposium 2020
	+ NATA Joint Committee Meeting 2020
	+ CAATE Accreditation Conference 2019
	+ Digital Education Summit – Sam Houston State Univesrity 2019
	+ NEXUS Summit 2019
	+ National Athletic Trainer’s Association Convention 2019
	+ Athletic Training Educators’ Conference 2019
	+ Texas Interprofessional Education Consortium 2018
	+ Kinesio Taping Faculty/Instructor Symposium 2018
	+ BOSHA Orthopedic Medical Symposium, 2015, 2016, 2017
	+ Trinity Mother Frances Hospital Sports Medicine Symposium 2015, 2016, 2017.
	+ Wisconsin Athletic Training Association Annual Business Meeting and Symposium, 2015
	+ Wisconsin Athletic Training Association Annual Business Meeting and Symposium, 2013
	+ Wisconsin Athletic Training Association Annual Business Meeting and Symposium, 2011
	+ Wisconsin Athletic Training Association Annual Business Meeting and Symposium, 2010
	+ Wisconsin Athletic Training Association Annual Business Meeting and Symposium, 2009
	+ Wisconsin Athletic Training Association Annual Business Meeting and Symposium, 2008
	+ Wisconsin Athletic Training Association Annual Business Meeting and Symposium, 2007

**Professional References**

Emily Roper Ph.D.

Dean – College of Health Sciences

Sam Houston State University

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